



**health&lifestyle**  
expo

**Friday, October 4, 2019**  
**11:00 a.m. - 2:00 p.m.**  
**Pickle Research Center**  
**Commons (atrium)**

**For UT Austin faculty and staff**

The 2019 Health & Lifestyle Expo is your one stop shop for learning about your benefits and meeting local health, home products and lifestyle providers while tasting healthy food samples, getting a chair massage, and more!

Time with therapy dogs

Massages provided by  
RecSports

Flu Shots

Complimentary pain  
and injury  
assessments by  
Airrosti

Giveaways and  
drawings  
(open to UT Austin  
employees only)

Benefits and  
retirement providers  
will be available to  
answer your  
questions.